



ADULT KINDNESS challenges

Ages 18-101

Complete 10 of the 12 challenges below and get a free heavy-duty Huntington Woods Library tote bag! (Limited to the first 15 completed challenges.)

Don't gossip about anyone for an entire day

Let another car cut in front of you

Cook or bake something and give it away

Put your phone away to give your undivided attention

Read a book to a child

Thank someone you wouldn't usually thank

Do a good deed of your choice

Give someone a flower

Give someone a heartfelt compliment

Put money in a tip jar

Give up a parking spot for someone else

Listen more than you talk for an entire day