



# The 60+ Crowd

A Recreation Department publication  
especially for our residents  
60 years and better!

The 60+ Crowd is specifically designed to highlight the City services and activities for residents 60+.

The Huntington Woods Parks & Recreation Department has contracted with LPi to run this full-color publication in exchange for 2 pages of ads by local businesses. Please consider supporting the businesses that support us!

HUNTINGTON WOODS RECREATION  
SENIOR DIVISION

248.581.2712

SPRING 2023



2023 APRIL  
MAY  
JUNE

## CONTACT US



26325 Scotia,  
Huntington Woods, MI 48070



(248) 541-3030



hwrec@hwmi.org



recreation.hwmi.org



## EVENT REGISTRATION

- Register online at **recreation.hwmi.org**, in person at the Gillham Recreation Center, or by mail. Payment in full is required at the time of registration. Please note: there is no "holding" spots.
- Non-resident registration dates are listed in the Hometown Herald/online and non-residents are subject to an additional \$5 per trip/activity.
- If you need assistance registering online, please contact us; **hwrec@hwmi.org** or call 248.541.3030. We are happy to walk you through the process.
- Most trips/activities can be found under "Register Now!" followed by "Adults".

## TRIP INFORMATION

- Trips are planned with our residents in mind! We scour the area for some of the most fun &/or interesting places, attempt to get them for you at the very best price and provide transportation for you.
- The trips are targeted for all adults, but we do take added care to make sure there is limited walking and stair climbing when possible (specifically noted when difficulties might be present).
- Trip itineraries are subject to change without notice. Every effort will be made to keep as close to schedule as possible. Trip times are our best approximation.
- Transportation provided by the City of Huntington Woods.

## CANCELLATIONS & REFUNDS

- In the event a trip does not require the purchase of tickets, 48 hour notice (business days) of cancellation is required in order to receive a refund. Please inquire at the time you are requesting to cancel whether you will receive a refund.
- A \$5 service fee is retained on all refunds due to withdrawal.
- Cancellations/withdrawals will be given a household credit. Specific request must be made for a refund in the form of a check. Allow 4-6 weeks for all check refunds to be processed.
- Theater ticket payment/commitment is 1 month prior to the show. Unless a replacement is found, tickets are not refundable.

# ABOUT US

## PARKS & REC DIRECTOR

Tracy Shanley  
tshanley@hwmi.org

## OUTREACH/ TRANSPORTATION/HARP

Jennifer Furlong  
hwcares@hwmi.org

## DAY TRIPS/CLASSES

Bridget Levine & Marcy Peters  
blevine@hwmi.org

## RECORDS MANAGER

Jan Alpert  
jalpert@hwmi.org

## TRANSPORTATION

Daniel Monaco  
Larry Rood  
Vicki Webb

## HELPFUL NUMBERS

Emergency: 911  
Public Safety: 248.541.1180  
City Hall: 248.541.4300  
Library: 248.543.9720  
Recreation: 248.541.3030  
Public Services (DPW):  
248.547.1888

## SENIOR ADVISORY BOARD

Lenny Newman, Chair  
Natalie Baum  
Melissa Gadd  
Greg Gmerek  
Fun Ng  
Marcy Peters  
Sally Schulman-Gaft  
Bob Paul, City Commission Liason

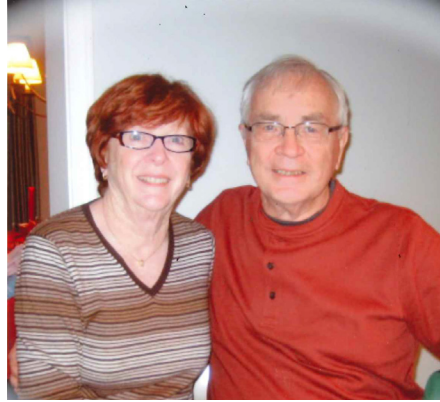
Senior Advisory Committee meetings are held the third Thursday of the month at 3:30pm at City Hall.

### Upcoming meeting dates:

**April 20**

**May 18**

**June 8** (Changed due to the last day of school June 15)



## ELAINE CHURCH

For the Spring 2023 edition of the 60+ Crowd, we take a “walk down memory lane” with Elaine Church. Elaine moved to Huntington Woods in 1940, when she was one year old. She attended Burton Elementary School and graduated from Berkley High School. After college, she married Ed Church from Rochester, Michigan. They traveled the world for 2-1/2 years and moved back to Huntington Woods in a home next door to where she grew up. She and Ed raised two sons and a daughter who attended Burton, Norup, Anderson and Berkley High School. They will celebrate their 60th anniversary in May. In addition to the above, Elaine taught for the Berkley School District for 13 years concentrating on computers and business studies.

With her middle son living on the next corner, Elaine had the pleasure of watching her two grandsons attend Burton and Norup and graduate from Berkley High School. Her grandsons became her family's fourth generation to live in the Woods and the third to graduate from Berkley High School.

Elaine says that it has always been special living in Huntington Woods. As a child, she remembers running and riding bikes through the City, climbing trees, digging up wild violets to take home, ice skating in the golf course, climbing the fence into the zoo, digging fox holes in empty lots, playing tennis late into the night and participating in recreational programs. As an adult, she enjoys the beauty of the City with its well cared for parks, excellent library and the recreation center with its wide range of programs for residents from newborns to seniors. If you live in Huntington Woods, “you can't be bored” according to Elaine.

Through the years, Elaine has enjoyed the opportunity to volunteer and be a leader in many activities. She was co-chairman of the Summer Play School (predecessor to Fruit Camp), a thirty-five year member of the Seed and Sod Garden Club serving as president, historian and treasurer as well as volunteer for the children's garden. She is a second-generation member of the Study Club, acting as treasurer, friendship chairman, knitting chairman and book club chairman. She volunteered at Burton school for her three children and two grandchildren.

Elaine enjoys gardening and is an Advanced Master Gardener. She also enjoys cooking, golfing, sewing, knitting, reading, square dancing, camping, traveling the world and being outdoors.

Elaine says that she has always loved and still loves living in Huntington Woods. In fact, she says she can't imagine living anywhere else.

A WALK DOWN  
**MEMORY**  
*lane*

# CALENDAR AT A GLANCE

## APRIL

### APRIL 4

Curbside Yardwaste pickup resumes

### APRIL 7

Good Friday - City buildings closed

### APRIL 13

Diversifying Homeownership in Your Community: Putting Words Into Action

### APRIL 15

Men's Club Auction

### APRIL 19

Blood Pressure Check

### APRIL 20

Senior Advisory Committee Meeting

### APRIL 23

Tech Support

*April programs at the Library and Gillham Recreation Center are listed on page 6.*

## MAY

### MAY 19 - 21

City-Wide Garage Sale Weekend  
9:00 am - 6:00 pm

### MAY 17

Blood Pressure Check

### MAY 18

Senior Advisory Committee Meeting

### MAY 25

New Residents Reception

### MAY 29

Memorial Day - City buildings closed.

*May programs at the Library and Gillham Recreation Center are listed on page 5 & 7.*

## JUNE

### JUNE 8

Senior Advisory Committee Meeting

### JUNE 18

Huntington Woods Juneteenth Celebration

### JUNE 20

Concert in the Park: Detroit Retro Society - Burton Park

### JUNE 21

Blood Pressure Check

### JUNE 20

Concert in the Park: Detroit Retro Society - Burton Park

### JUNE 27

Concert in the Park: Miss Paula & The Candy Bandits (Family Night)  
Burton Park

*June programs at the Library and Gillham Recreation Center are listed on page 8.*



## REYNOLDS PARK EXERCISE EQUIPMENT

*Located on 11 Mile and Meadowcrest Blvd*

Stop by Reynolds Park on your next walk this Spring to try out the exercise equipment.

Equipment includes a four-person lower body combo, a two-person back and arms combo, a two-person wheelchair accessible chest press, and a two-person butterfly.



# OLDER AMERICANS MONTH



## OLDER AMERICANS MONTH



AGING UNBOUND: MAY 2023

### CELEBRATING HW OLDER AMERICANS MONTH

*May is National Older Americans Month. Celebrate with the Huntington Woods Senior Advisory Committee. All are welcome!*

#### TALENT SHOWCASE

**Thursday, May 4, 12:30 pm at the Gillham Recreation Center**

Featuring BHS Tri-M Music students from all areas of study: Orchestra, Band and Voice. Join other Huntington Woods Seniors in supporting Berkley High School Tri-M Music Students! Both solo and ensemble performances will be featured with a variety of repertoire.

#### ROSIE THE RIVETER AND THE STORY OF WILLOW RUN

**Thursday, May 11, 7:00 pm at the Gillham Recreation Center**

Highlighting the history of the Willow Run B-24 Bomber plant, hear the inspiring story of Rosie, the Riveter and the involvement of the Yankee Air Museum with the National Veterans History Project. Presented by a Rosie in period costume, you'll laugh, cry, chant, cheer and feel good about the teamwork of America as we became the "Arsenal of Democracy" during World War II.

#### DANCING WITH THE STARS (CASA PERFORMERS)

**Wednesday, May 17, 1:30 pm at the Gillham Recreation Center**

Dancers from CASA, Center for Advanced Studies and the Arts, will perform and share their contemporary styles with us and will teach us a thing or two!

#### SENIOR FUN & GAMES CHALLENGE

**Thursday, May 25, 12:30 pm at Hassig Park**

Come and join us for some friendly competition. Shuffle board, cornhole, minute to win it games and much more. Prizes and snacks included! Don't miss out!

#### SENIORS, SMORE'S & SONGS

**Thursday, June 1, 1:00 - 2:00 pm**

**Front Lawn of the Gillham Recreation Center**

Come make s'mores over a campfire while singing some of our favorite songs from the 60's/70's led by a group of local musicians.

# APRIL PROGRAMS

## APRIL

**8 CAN YOU HELP COUNT?**  
*Saturday, April 8, 2:00 pm*  
*Huntington Woods Library*  
Local naturalist Nate Card will talk about doing a tree survey of Huntington Woods and how you as a member of the public can help.

**13 DIVERSIFYING HOMEOWNERSHIP IN YOUR COMMUNITY: PUTTING WORDS INTO ACTION**  
*Thursday, April 13, 6:30 - 8:00 pm*  
*Huntington Woods Library/Zoom*  
The HW Diversity, Equity and Inclusion (DEI) Assessment concluded that HW residents desire greater diversity in home ownership. Come join us for a discussion with a blue ribbon panel on how to break down barriers and create opportunities for greater diversity in home ownership and the value of diversity in your community. This is a hybrid event. Please register on the library website. A zoom link will be sent on the day of the event.

**15 HVMC SERVICE AUCTION**  
*Saturday, April 15, 2023*  
*Gillham Recreation Center*  
Support the 2023 HVMC Auction! All proceeds are reinvested back into this community.

**19 BLOOD PRESSURE**  
*Wednesday, April 19, 10:00 - 11:00 am*  
Have your blood pressure checked in the Senior Lounge of the Gillham Recreation Center, by Mary Jo Israel, registered nurse. Call Jennifer at 248.581.2712 for more information.

**19 LAKESHORE LEGAL AID: ELDER ABUSE - HOW TO SPOT IT AND WHAT TO DO ABOUT IT**  
*Wednesday, April 19, 7:00 pm*  
*Huntington Woods Library*  
This is designed to teach

participants how to recognize the signs, where to go to get help and how to protect your elderly family and friends from abuse.

**20 CLIMATE CHANGE: SIMPLE, SERIOUS, SOLVABLE**  
*Thursday, April 20, 7:00 pm*  
*Huntington Woods Library*  
Celebrate Earth Day 2023 by joining former Fox News meteorologist Chris Edwards for Climate Change: Simple, Serious, Solvable. Climate change is challenging, but it doesn't have to defeat us. Edwards will present workable solutions that all of us can employ to deal with this difficult issue.

**21 DETROIT SYMPHONY ORCHESTRA: HOLLYWOOD ROCKS**  
*Friday, April 21, 9:45 am - 1:30 pm*  
Hear the DSO perform iconic songs from memorable movies and binge-worthy series, all in one concert. Featuring music from A Star Is Born, Tommy, Stranger Things, Rocketman, Bohemian Rhapsody, Back to the Future, Rock of Ages, Mad Men, and Yesterday. Register by April 14. Non-residents may register beginning April 6. Cost: \$50

**21 MOVIE MATINEE: THE POWER OF THE DOG (2021)**  
*Friday, April 21, 12:00 pm*  
*Gillham Recreation Center*  
Charismatic rancher Phil Burbank inspires fear and awe in those around him. When his brother brings home a new wife and her son, Phil torments them until he finds himself exposed to the possibility of love.

Movie is shown in the Multipurpose Room of the Recreation Center. A \$1 donation is requested for popcorn.

**23 TECH SUPPORT**  
*Sunday, April 23*  
*Timeslots available between 10:00 am - 12:00 pm*  
*Gillham Recreation Center*  
Do you have questions about using a computer, phone, or other device? National Honor Society students from Berkley High School are ready to help with one-on-one sessions. Pre-registration required through [recreation.hwmi.org](http://recreation.hwmi.org) (Adults - Enrichment) or call 248.581.2712.

**26 LAKESHORE LEGAL AID: ESTATE PLANNING**  
*Wednesday, April 26, 7:00 pm*





# MAY PROGRAMS



## Huntington Woods Library

Many people want to put off this important task. We may have ideas on how we want our estates handled, but have difficulty putting the plan in place. Learn about the actions needed to prepare and execute estate planning.

## MAY

### 3 FINANCIAL EXPLOITATION - LAKESHORE LEGAL AID

*Wednesday, May 3 at 7:00 pm  
Huntington Woods Library*

What is financial exploitation? Learn how to recognize and manage it if you find yourself in a shaky and difficult situation. Discover what legal recourses you have and how to report exploitation to the authorities.

### 4 TALENT SHOWCASE

*Thursday, May 4, 12:30 pm  
Gillham Recreation Center*

Featuring BHS Tri-M Music students from all areas of study: Orchestra, Band and Voice. Join other Huntington Woods Seniors in supporting Berkley High School Tri-M Music Students! Both solo and ensemble performances will be featured with a variety of repertoire.

### 11 ROSIE THE RIVETER AND THE STORY OF WILLOW RUN

*Thursday, May 11, 7:00 pm  
Gillham Recreation Center*

Highlighting the history of the Willow Run B-24 Bomber plant, hear the inspiring story of Rosie, the Riveter and the involvement of the Yankee Air Museum with the National Veterans History Project. Presented by a Rosie in period costume, you'll laugh, cry, chant, cheer and feel good about the teamwork of America as we became the "Arsenal of Democracy" during World War II.

### 11 IRISH MUSIC BY NESSA

*Thursday, May 11 at 7:00 pm  
Huntington Woods Library*

Nessa will be here for a wonderful program of Irish music. It will be a great evening for the entire family. Come and enjoy your time with a wonderful group of musicians who are bringing their world class talents to the Huntington Woods Library.

### 17 BLOOD PRESSURE

*Wednesday, May 17, 10:00 - 11:00 am*  
Have your blood pressure checked outdoors, in front of the Gillham Recreation Center, by Mary Jo Israel, registered nurse. Call Jennifer at 248.581.2712 for more information.

### 17 DANCING WITH THE STARS (CASA PERFORMERS)

*Wednesday, May 17, 1:30 pm  
Gillham Recreation Center*

Dancers from CASA, Center for Advanced Studies and the Arts, will perform and share their contemporary styles with us and will teach us a thing or two!

### 18 WOODS GALLERY

#### ARTIST RECEPTION: "FORM, FIBER & FIRE"

*Thursday, May 18, 6:00 pm  
Huntington Woods Library - Woods Gallery*

Artist receptions are an excellent time to learn more about the artist and their work. It is intended as an adult reception, but all are welcome.

### 19 MOVIE MATINEE: DON'T LOOK UP (2021)

*Friday, May 19, 12:00 pm  
Gillham Recreation Center*

Two low-level astronomers must go on a giant media tour to warn mankind of an approaching comet that will destroy planet Earth.

Movie is shown in the Multipurpose Room of the Recreation Center. A \$1 donation is requested for popcorn.

### 25 SENIOR FUN & GAMES CHALLENGE

*Thursday, May 25, 12:30 pm  
Hassig Park*

Come and join us for some friendly competition. Shuffle board, cornhole, minute to win it games and much more. Prizes and snacks included! Don't miss out!

# JUNE PROGRAMS

## JUNE

### 1 SENIORS, SMORES & SONGS

Thursday, June 1, 1:00 pm

Gillham Recreation Center

Come make s'mores over a campfire while singing some of our favorite songs from the 60's/70's led by a group of local musicians.

### 6 TRIVIA NIGHT (ADULTS)

Tuesday, June 6, 6:00 pm

Gillham Recreation Center

Test your knowledge with DJ Trivia featuring family friendly trivia with multiple categories. Teams will be formed at the event. Light refreshments and snacks provided.

Cost: \$10

### 7 SENIOR DAY AT THE DETROIT ZOO

Wednesday, June 7, 10:00 am - 3:00 pm

More information will be posted on the zoo's website and facebook pages as they get closer to the date. Transportation available upon request - contact Jen 248.581.2712.

### 7 FORD PIQUETTE FACTORY TOUR (RESCHEDULED)

Wednesday, June 7, 10:00 am - 1:00 pm

Experience the birthplace of the Ford Model T car, at the Ford Piquette Avenue Plant now recognized as one of the most significant automotive heritage sites in the world. Walk the worn wood floors and touch the brick walls where Henry Ford and his team of automotive pioneers developed the car that led to an automotive and social revolution. Register by May 31. Non-residents may register beginning May 24. Cost: \$25

### 15 DETROIT RIVERWALK

Thursday, June 15 at 7:00 pm

Huntington Woods Library

Did you know that Detroit has the number one Riverwalk in the

United States? It's true, at least according to USA Today. On June 15, a member of the Riverwalk Conservancy will show you how spectacular the current walk is and give you a preview of the new addition which will extend the walk to the west toward the new Gordie Howe Bridge.

### 19 HUNTINGTON WOODS JUNETEENTH CELEBRATION

Monday, June 19, 6:00 - 8:00pm

Gillham Recreation Center

Parking Lot

All are welcome to learn, reflect and celebrate.

### 21 BLOOD PRESSURE

Wednesday, June 21, 10:00 - 11:00 am

Have your blood pressure checked outdoors, in front of the Gillham Recreation Center, by Mary Jo Israel, registered nurse. Call Jennifer at 248.581.2712 for more information.

### 23 DOSSIN GREAT LAKES MUSEUM + BELLE ISLE

Friday, June 23, 9:45 am - 1:30 pm

Dossin Great Lakes Museum is dedicated to showcasing the story of the Great Lakes, with a special emphasis on Detroit's role in regional and national maritime history. Enjoy exhibits that tell more than 30 years of the region's rich maritime history, from the shipping fleets that rule the waterways to the varied roles that the Great Lakes and the Detroit River have played in our region's industrial and social history. While on the island we will also visit the Aquarium and the Conservatory. Register by June 16. Non-residents may register beginning June 9. Cost: \$15

## HUNTINGTON WOODS PICKLEBALL

Spring Drop-in @ the Rec: April 3 - June 7  
(No pickleball 4/4, 4/8, 4/11, 4/15, 5/2, 5/29)

Mondays & Wednesdays: 9:00 am - 12:00 pm  
Tuesdays: 6:00 - 8:00 pm  
Saturdays: 9:00 - 11:00 am

#### INDOOR PICKLEBALL CHECK-IN

Membership key tags are assigned to residents purchasing an annual pass. Key tag must be scanned at the front desk prior to entering the gym. Daily Drop-in fees must also be paid at the front desk prior to entering the gym. The annual resident membership may be purchased/renewed online. Membership Cost: \$40; Daily Drop-In Fee \$2/\$4 (non-res) per visit.

#### FIRST SERVE TENNIS PICKLEBALL CLASSES

Thurs., May 25 - June 15 | Held at the 11 Mile Courts

Beginner: 6:00 - 7:30pm

Intro to pickleball, for anyone 0 to around 20 hours playing. Learn the rules of the game, how to keep score, basic technique, and tactics.

Intermediate: 7:30 - 9:00pm

20 or more hours playing. Drill specific shots and match-play situations. We will go deeper into technique and tactics.

Sign up online at <https://www.ifirstserve.net/pickleball>

Cost: \$105



# STAY ACTIVE AT THE REC



## POOL MEMBERSHIPS NOW ON SALE

**Purchase your family or senior membership online at [recreation.hwmi.org](http://recreation.hwmi.org) or at the Gillham Recreation Center**

### GRANDCHILDREN PASS CARD - NEW!

Allows a grandchild to enter the Aquatics Club while under the direct supervision of a Senior Swim Pass holder. Grandchildren must be under the age of 18. Each grandchild is added to the household membership account and will be assigned a key tag.

Cost: \$70 per grandchild

### SENIOR SWIM - NEW!

**Mon. - Thurs., 11:30 am - 12:40 pm | June 20 - August 4**

Designated swim time for persons 60 years and older to exercise in the 4ft section and lap lanes on the far end of the pool. Regular pool rates apply – all patrons must check in at the pool desk before entering the pool. The deck and pool will be cleared at 12:40 pm and reopen at 1:00 pm.

### AQUA FIT

**Sundays, 10:00 - 11:00 am | 8 weeks: June 18 - August 13 (no class July 2)**

**Wednesdays, 7:00 - 8:00 pm | 8 weeks: June 21 - August 9**

This program is designed for both men and women interested in improving cardiovascular fitness, muscle tone, coordination and circulation. You do not need to be able to swim to participate. Aquatic fitness aids such as weights, noodles and gloves will be used to make the class more challenging. Music will occasionally be added to the fun!

Cost: \$65

## RECREATION CLASSES

Visit **RECREATION.HWMI.ORG** for a complete list of classes offered at the Gillham Recreation Center.

### SIT & FIT FOR SENIORS

**Tuesdays, 9:00 - 9:45 am**

**8 weeks: April 4 - June 13**

**(no class May 2)**

Instructor: Lauren Brooks

This class offers simple and safe movements in a fun class setting while using a chair for balance support as well as to perform exercise in a seated position.

Cost: \$90

### REBECCA'S ENERGIZING YOGA

**Wednesdays, 6:00 - 7:30 pm**

**10 weeks: April 5 - June 7**

Instructor: Rebecca Sobczak, CYT

Bring sticky mat and blanket to class.

Cost: \$150

### TAI CHI

**Thursdays, 11:00 - 12:00 noon**

**8 weeks: April 13 - June 1**

Certified Instructor: Mary Ann Kashef

One of the most effective ways to improve health, muscle tone, flexibility, focus, memory, balance and relaxation.

Cost: \$125

## WALK THE GYM

**Mon. - Fri.: 8:00 - 9:00 am**

**Mon. - Fri. (except Tues.): 1:00 - 2:00 pm**

Enjoy walking in the Gillham Recreation Center climate-controlled environment! The gym is available for walking: only a Key Tag is required.

If you already have a Key Tag from the pool, please bring it. If you need a Key Tag, please contact [hwrec@hwmi.org](mailto:hwrec@hwmi.org) or 248.541.3030.



# RECIPE CORNER

## PUFF PASTRY MARGHERITA PIZZA

**Prep:** 15 minutes **Cook:** 18 minutes **Serving:** 6

This quick lunch or dinner pizza is made with prepared puff pastry dough as a shortcut. The results are a light, flaky crust for a unique pizza. Feel free to modify with your favorite pizza toppings!

### INGREDIENTS

- 2 sheets frozen puff pastry, thawed
- 1 large egg
- 1 tablespoon water
- 1 (14.5-ounce) can whole peeled tomatoes, drained
- Extra-virgin olive oil, divided
- 1 clove garlic
- Pinch sea salt or kosher salt
- 6 ounces fresh mozzarella cheese, chopped
- 1/4 cup shredded Parmigiano-Reggiano cheese
- 10 basil leaves, coarsely torn

### INSTRUCTIONS

**Step 1** Preheat oven to 425°F. Spread each sheet of puff pastry out onto a piece of lightly floured parchment paper. Use a rolling pin to roll the pastry into an even rectangle. Place the pastry rectangles (with parchment paper) onto baking sheets.

**Step 2** Score all over the puff pastry rectangles with the tines of a fork. In a small dish, beat the egg with the water. Brush the egg mixture all over the two pastry rectangles.

**Step 3** Bake in the preheated oven for 10 minutes, then remove from the oven.

**Step 4** While the crust is baking, pulse the tomatoes, 1/2 teaspoon olive oil, garlic, and a pinch of salt together in a food processor until pureed and well mixed.

**Step 5** Carefully press the pastry crusts down to deflate them. Spread half the tomato sauce evenly over each rectangle of puff pastry, leaving space at the edges. Drizzle the top with a little more olive oil. Top evenly with the mozzarella cheese and Parmigiano-Reggiano cheese.

**Step 6** Bake for an additional 5-8 minutes, or until the cheese is melted and the edges of the puff pastry crust are golden.

**Step 7** Remove from the oven and top with basil leaves. Slice and serve hot and fresh.



### HUNTINGTON WOODS 4TH OF JULY CELEBRATION: BOXED LUNCH AT HASSIG PARK (60+)

Monday, July 3, 12:00 pm | Hassig Park

This annual tradition begins at noon with a boxed lunch provided by Hollywood Market. Adults 60+ only. Entertainment sponsored by the HW Men's Club.  
Cost: \$4

Please pre-register online at [recreation.hwmi.org](http://recreation.hwmi.org) or at the Gillham Recreation Center by 6/26.



# MONDAY LUNCH BUNCH



Join your neighbors on Mondays at noon for lunch and a presentation. Our new and improved lunch is now supplied by Tim's Kitchen of Royal Oak. Lunch Bunch meets in the Multipurpose Room of the Recreation Center through May. June - August it is held in the Knox Room at the Huntington Woods Library. The lunch fee is \$5.00, paid in advance.



Tim's Kitchen

## REGISTRATION

Pre-registration is required for lunch, by 10:00 am on the preceding Wednesday.

**ONLINE:** Visit [recreation.hwmi.org](http://recreation.hwmi.org) to register for upcoming Monday Lunches online. Select the "Register Now!" button followed by Adults - Enrichment - Register Drop In. Select the date(s) you wish to attend.

If you need assistance registering online, please contact us; [hwrec@hwmi.org](mailto:hwrec@hwmi.org) or call 248.541.3030. We are happy to walk you through the process.

**IN-PERSON:** Stop by the Gillham Recreation Center front desk to register in person during regular business hours.

**PHONE:** Contact the Gillham Recreation Center at 248.541.3030 to register over the phone.

## PROGRAM INFORMATION

Speakers/Programs may include but not limited to: Healthy Living for your Brain and Body, Pre-school Class Visit, Medicare coverage and information, Cinco De Mayo Celebration, Physical Therapy, "Smart Games & Grins!", Understanding Dementia, Plant flowers and Trivia.

Contact Jen at [hwcares@hwmi.org](mailto:hwcares@hwmi.org) or 248.581.2712 for the upcoming speaker schedule.

As a courtesy to our speakers and others around you, please refrain from private discussions during the presentation.

## SCHEDULE

Lunch is served at 12:00 pm. The speaker presentation will begin at approximately 12:30 pm. You are welcome to bring your own lunch or join us for the speaker portion only.

**APRIL** 3, 10, 17, 24  
Multipurpose Room

**MAY** 1, 8, 15, 22  
Multipurpose Room  
No program May 29 - Memorial Day

**JUNE** 5, 12, 26  
Knox Room  
No program June 19 for Juneteenth

For upcoming meal descriptions, click on info when registering online.

## TRANSPORATION

To arrange transportation to Monday Lunch, contact Jennifer at 248.581.2712. Please provide 48 hour notice.

# SEEKING

# SPEAKERS

Monday Lunch speakers discuss topics of interest for approximately 25 minutes. Should you know of a topic or speaker that might be a good fit, please let Jennifer know!

Thank you to those who volunteer their time to educate our participants. We love learning about new and interesting topics.

# OUTREACH & GENERAL SERVICES



## CURB-TO-CURB TRANSPORTATION

**Monday - Friday, 9:00 am - 3:00 pm**

Residents 55 years or better and unable to drive, temporarily or permanently, are able to arrange for transportation on the City SMART Van for medical appointments, support groups, shopping or other activities of daily living.

- Passengers must be able to independently board and exit the bus. The bus is equipped with a lift to accommodate individuals seated in wheelchairs or motorized scooters. Riders must provide a caregiver to accompany them on the trip if any assistance is needed.
- Riders, please make sure to be ready 15 minutes before the scheduled pick up time.
- A 48-hours (business hours) advance notice is required.
- The travel distance must be within a 7-mile radius of the Gillham Recreation Center.
- The fee is \$1 each way. Trips are limited to one per day.
- Changes/additions may not be made on the day of transportation (other than cancellations). Please do not ask the driver to alter the schedule.

## HELP MAINTAINING YOUR INDEPENDENCE

The Recreation Department has a staff member dedicated to helping you with your day-to-day needs. Jennifer Furlong, HWCares Senior Outreach Coordinator, can assist you. Jennifer is a wealth of information and has lots of resources at her finger tips! Feel free to contact her for additional information, 248.581.2712.

*To arrange for transportation, please call Jennifer at 248.581.2712 between 9:00 am - noon, Monday - Friday or email [hwcares@hwmi.org](mailto:hwcares@hwmi.org).*

Financial sponsors for the Senior Transportation Program are the City of Huntington Woods, Beaumont and SMART. Alternate transportation options are available for individuals requiring door-to-door assistance, including the SMART Connector at 866.962.5515 or [smartbus.org](http://smartbus.org). Call Jennifer at 248.581.2712 for additional options if needed.

## AARP FOUNDATION TAX-AIDE (888)227-7669

AARP Foundation Tax-Aide provides in-person and virtual tax assistance to anyone, free of charge, with a focus on taxpayers who are over 50 and have low to moderate income. Tax-Aide volunteers are located nationwide, and are trained and IRS-certified every year to make sure they know about and understand the latest changes and additions to the tax code.

## AREA AGENCY ON AGING 1-B 1.800.852.7795 | [AAA1b.org](http://AAA1b.org)

Programs and services include:

- Information and Assistance Telephone Line
- Adult Day Services
- Direct Home Care Services and Care Coordination

- Medicare/Medicaid Assistance
- Home injury control programs
- Wellness classes to help stay healthy

## BIRTHDAY CALLS

Are you or someone you know celebrating a special birthday? Contact [hwcares@hwmi.org](mailto:hwcares@hwmi.org) or call Jen at 248.581.7212 so we can help you celebrate!

## REASSURANCE CALLS AND AT HOME ASSISTANCE

If you or someone you know would like to be contacted for check-in calls or assistance, contact Jen at 248.581.2712 or [hwcares@hwmi.org](mailto:hwcares@hwmi.org). Jen can help you with grocery delivery, zoom assistance, how-to utilize books, movies, music, and games online and connecting with friends and family through phone apps.

## SOCIAL SECURITY

Do you need help or info pertaining to Social Security? The Social Security Administration is still available to help by phone. A local representative is available to take your call Monday thru Friday from 9:00 am— 4:00 pm at: 1.888.456.9559. They may be able to schedule an appointment if they cannot help you by phone. You may also visit [SSA.gov](http://SSA.gov). Many of their services can be completed online.



# ADDITIONAL SERVICES & WOODS GALLERY

## OAKLAND LIVINGSTON HUMAN SERVICES AGENCY (OLHSA)

OLHSA is the largest private nonprofit agency delivering human services to Oakland and Livingston Counties. Below are the current programs that members can take advantage of:

- Water Residential Assistance Program (313) 386.9727
- Grandparents Raising Grandchildren (248) 479.6516
- Emergency Utility Assistance (248) 479.6516
- Weatherization (248) 479.6516
- Burial benefits, hygiene kits, or 1-time food box (248) 209.2600

## FREE ENTRY DAYS AT OAKLAND COUNTY PARKS

- May 6-7 -Spring Park Days
  - June 19 - Juneteenth
- On Oakland County Parks and Recreation Free Entry Days, visitors can enjoy free park entry with access to trails, dog parks, playgrounds, beaches at Groveland Oaks (Holly) and Independence Oaks (Clarkston) and fishing spots. See a complete list of Oakland County Parks at [oakgov.com/parks](http://oakgov.com/parks)

## SCAMMERS: HOW TO STAY SAFE AND AVOID FRAUD

Con artists will pose as government agencies. Falling for scams can create financial chaos in addition to having

to deal with other after-effects. Always know who you are dealing with before providing personal or financial information.

Be aware of:

- Imposter Scams (government or insurance)
- Price Gouging
- Home Repair Scams
- State or Federal Aid Scams
- Donation and Charity Scams

If you are concerned regarding a potential scam, contact Jen at 248.581.7212 and/or Public Safety.

## MEDICAL LOAN CLOSET

Looking to borrow or donate medical equipment? Contact Jen at 248.581.2712 or [hwcares@hwmi.org](mailto:hwcares@hwmi.org) to find out whether we have available what you are looking for! Our City has a dedicated area of durable medical equipment to help you remain independent.

## INTERESTED IN HOME DELIVERED MEALS?

Oakland County has organizations that provide home delivered Meals on Wheels. Please refer to the list below and contact the nutrition program directly.

*National Council of Jewish Women - Kosher Meals on Wheels* 248.592.2313

*Western Oakland County Meals on Wheels* 248.223.9160

## WOODS GALLERY

The Woods Gallery is located in the lower level of the Huntington Woods Library and features rotating artists for the pleasure of our community. Hours are consistent with regular library hours, except when events/activities are taking place.

## PAINTINGS OF FRAN WOLOK Continues through April 27

Fran's acrylic landscape paintings are colorful, expressionistic and spontaneous in style. They reflect her love of nature and the variety in landscapes. Fran, in her artist statement, says that her "daily artistic observation and painting method consists of a type of calligraphic shorthand in editing a composition. The process of mixing and applying paint in an alla prima manner is intended to record and share the moment with the viewer."

## "FORM, FIBER & FIRE" May 6 - June 29

Artists' Reception: Thursday, May 18, 6:00 - 8:00 pm

The Woods Gallery will be exhibiting the work of 3 Cass Corridor veteran artists, working in 3 mediums. Jim Stafford, Amelia Currier, and Margaret McGuiness will exhibit free standing and wall hung sculpture, ink gestures on paper, and collage/assemblage with sewn elements. From colorful collages to subtly colored wood, hard edged metal and burnt edged sculpture, this exhibit will be a wonderful opportunity to view the works of these 3 experienced artists.



## SUNDAY SENIOR DROP-IN

*Sundays, 10:30 am - Noon*

Gillham Recreation Center - Warming Room

Stop by to chat with your neighbors.

## THE 60+ CROWD

The information listed here is focused on residents 60 yrs+. The 60+ Crowd is published quarterly and can also be found online at [hwmi.org](http://hwmi.org). There are additional services and activities offered to the entire community - please refer to the Hometown Herald for info.



Interested in receiving emails with upcoming programs and events specifically related to seniors? Email [hwrec@hwmi.org](mailto:hwrec@hwmi.org) to be added to our mailing list.

**HUNTINGTON WOODS  
PARKS & RECREATION**  
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[HWMI.org](http://HWMI.org)

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Thank you Galloway and Collens for supporting the  
Huntington Woods Parks & Recreation Department and our programs.  
***Your mailing sponsorship allowed us to mail this 60+ Crowd out to the entire City!***

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